



Morning Prayer and Holy Communion

Preparation

I was glad when they said to me, Let us go to the house of the Lord.

The Lord is in his holy temple: let all the earth be silent before him.

Who shall ascend the hill of the Lord?
And who shall stand in his holy place?

He who has clean hands and a pure heart, who does not lift up his soul to what is false and does not swear deceitfully.

He will receive blessing from the Lord and righteousness from the God of his salvation.

Such is the generation of those who seek him, who seek the face of the God of Jacob. Oh come, let us sing to the Lord;

Let us make a joyful noise to the rock of our salvation!

Let us come into his presence with thanksgiving;

Let us make a joyful noise to him with songs of praise!

For the Lord is a great God, and a great King above all gods.

In his hand are the depths of the earth; the heights of the mountains are his also.
The sea is his, for he made it, and his hands formed the dry land.

Oh come, let us worship and bow down; let us kneel before the Lord, our Maker!

For he is our God, and we are the people of his pasture, and the sheep of his hand.

Today, if you hear his voice, do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, when your fathers put me to the test.

I said, "They are a people who go astray in their heart, though they had seen my work. Therefore I swore in my wrath, they shall not enter my rest."

Confession

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions.

Wash me thoroughly from my iniquity, and cleanse me from my sin! For I know my transgressions, and my sin is ever before me.

Against you only have I sinned and done what is evil in your sight. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.

Let me hear joy and gladness; let the bones that you have broken rejoice. Hide your face from my sins, and blot out all my iniquities.

Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.

Restore to me the joy of your salvation,
and uphold me with a willing spirit.
Then I will teach transgressors your
ways, and sinners will return to you.

The sacrifices of God are a broken
spirit; a broken and contrite heart, O
God, you will not despise.

Absolution

Almighty God, who forgives all who truly
repent, have mercy on you, pardon and
deliver you from all your sins, confirm
and strengthen you in all goodness, and
keep you in eternal life; through Jesus the
Messiah our Lord.

Amen.

The Lessons

Benedictus

Blessed be the Lord God of Israel, for he
has come to his people and set them free.

**He has raised up for us a mighty
saviour, born of the house of his
servant David.**

Through his holy prophets he promised
of old that he would save us from our
enemies, from the hands of all that hate us.

**He promised to show mercy to our
fathers and to remember his holy
covenant.**

This was the oath he swore to our father
Abraham,
**to set us free from the hands of our
enemies, that we might worship**

**him without fear in holiness and
righteousness before him all our days.**

Glory to the Father, and to the Son, and
to the Holy Spirit:
**as it was in the beginning is now, and
shall be for ever. Amen.**

Prayers of the People

The Lord be with you
and also with you.

Let us pray.

Lord, have mercy upon us.

Jesus, Son of David, have mercy upon us.

Lord, have mercy upon us.

Show us your mercy, O Lord;

And grant us your salvation.

Clothe your ministers with righteousness;

Let your people sing with joy.

Give peace, O Lord, in all the world;

For only in you can we live in safety.

Lord, keep this nation under your care;

And guide us in the way of justice and truth.

**Let your way be known upon the earth;
and bring healing to the nations.**

Let not the needy, O Lord, be forgotten;
Nor the hope of the poor be taken away.

Create in us clean hearts, O God;

And renew us by your Holy Spirit.

The Collect

Heavenly Father, in whom we live and
move and have our being:

We humbly pray that your Holy Spirit
may so guide and govern us that in all
the cares and occupations of our daily
life, we may never forget your presence
but may remember that we are always
walking in your sight, through Jesus the
Messiah our Lord.

Amen.

As our Saviour has taught us, so we pray:

**Our Father in heaven,
hallowed be your name.
Your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread,
and forgive us our sins as we forgive
those who sin against us.
Lead us not into temptation but deliver
us from evil.
For the kingdom, the power, and
the glory are yours now and for ever.
Amen.**

The Peace

If you forgive others their sins, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your sins.

The peace of the Lord be always with you;
and also with you.

The Eucharistic Prayer

Be present, be present, Lord Jesus our risen high priest; make yourself known in the breaking of bread.

Amen.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

All glory and honour, thanks and praise be given to you at all times and in all places,

Lord, holy Father, true and living God, through Jesus the Messiah our Lord.

For he is your eternal Word through

whom you have created all things from the beginning and formed us in your own image.

Therefore with angels and archangels and with all the company of heaven we proclaim your great and glorious name, for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your
glory. Hosanna in the highest.**

Merciful Father, we thank you for these gifts of your creation, this bread and this wine, and we pray that we who eat and drink them in the fellowship of the Holy Spirit, in obedience to our Saviour the Messiah, in remembrance of his death and passion, may be partakers of his body and his blood.

On the night he was betrayed he took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, "Take, eat. This is my body which is given for you. Do this in remembrance of me."

After supper, he took the cup, and again after giving you thanks he gave it to his disciples, saying,

"Drink this, all of you. This is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Father, with this bread and this cup, we do as our Saviour has commanded: we celebrate the redemption he has won for us; we proclaim his perfect sacrifice made once for all upon the cross, his mighty resurrection and glorious ascension; and we look for his coming to fulfill all things according to your will.

Let us proclaim the mystery of faith.

**Dying you destroyed our death,
Rising you restored our life,
Lord Jesus, come in glory.**

Renew us by your Holy Spirit,
unite us in the body of your Son,
and bring us with all your people
into the joy of eternal life;
through Jesus the Messiah our Lord,
with whom and in whom,
by the power of the Holy Spirit,
we worship you, Father almighty,
in songs of never-ending praise:

**Blessing and honour and glory and
power are yours for ever and ever.
Amen.**

The bread which we break is sharing in
the body of the Messiah.

**We being many are one body, for we
all share in one bread.**

Jesus of Nazareth is the Lamb of God,
who has taken away the sins of the world.
Happy are those who are called to his
supper.

**Lord, I am not worthy to receive you, but
only say the word and I shall be healed.**

The Lord is gracious and merciful,
**slow to anger and abounding in
steadfast love.**

The Lord is good to all,
**and his mercy is over all that he has
made.**

Thanksgiving

**All your works shall give thanks to
you, O Lord, and all your saints shall
bless you!**

**They shall speak of the glory of your
kingdom and tell of your power, to
make known to all people your mighty
deeds, and the glorious splendor of
your kingdom.**

**Your kingdom is an everlasting
kingdom, and your dominion endures
throughout all generations.**

**My mouth will speak of the praise
of the Lord, and bless his holy name
forever.**

**Send us out in the power of your
Spirit to live and work to your praise
and glory. Amen.**

The Blessing

The Lord bless you and keep you;
The Lord make his face to shine upon
you and be gracious to you;
The Lord lift up his countenance upon
you and give you peace.
Amen.



Please leave this Order of Service in the church

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P.O.B. 14037, JERUSALEM, ISRAEL - www.cmj-israel.org - churchsecretary@cmj-israel.org